

FURTHER HELP AND SUPPORT

Pace: Parents against child sexual exploitation helps parents across the UK understand what is happening to their child and how they can leave exploitative relationships. www.paceuk.info

Parents Protect: helps parents and carers protect children from sexual abuse and exploitation by providing child safety resources. www.parentsprotect.co.uk Tel: 0808 1000 900

The Children's Society: Provides useful information and resources in relation to CSE. www.childrenssociety.org.uk

CEOP: Provides information, advice and resources for supporting your child with their online safety www.ceop.police.uk

Brook: Provides useful guides to sexual health and wellbeing www.brook.org.uk

BISH: Provides useful guides to talking about sex, relationships and pornography with your teenager www.bishuk.com/parents

NSPCC: provides a wide range of services including information for parents on their website and a helpline number. www.nspcc.org.uk parent helpline: 0808 800 5000

**YMCA
DOWNSLINK GROUP**



YMCA WISE PROJECT

Supporting children and young people to stay safe

FOR MORE
INFORMATION PLEASE
SEE OUR WEBSITE:
www.ymcadlg.org/wise



THE WISE PROJECT



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**YMCA WISE PARENT
AND CARER'S GUIDE
TO ONLINE CHILD
SEXUAL
EXPLOITATION**

What is online child sexual exploitation?

Perpetrators no longer need to meet children in real life to abuse them. Increasingly, abusers are sexually exploiting their victims by persuading them to take part in online sexual activity.

When sexual exploitation happens online, young people may be persuaded, or forced, to:

- send or post sexually explicit images of themselves
- take part in sexual activities via a webcam or smartphone
- have sexual conversations by text or online.

Abusers may threaten to send images, video or copies of conversations to the young person's friends and family unless they take part in other sexual activity. Images or videos may continue to be shared long after the sexual abuse has stopped.

How can I protect my child?

- Show them where to get help if they are concerned and to talk to you or a trusted adult for support
- Spend time discussing where they interact with friends online and how and what they share with others
- Explain how easy it is to pretend to be someone else online, and why an adult may wish to approach them
- Remind them that the people they have met online might feel like friends but they may not be who they say they are
- Discuss what healthy and unhealthy relationships look like to make them aware
- Encourage them to make use of privacy settings on the social networks and platforms they use so they stay in control of who can see their content

What do I do if I think my child is being exploited online?

- Report it to the authorities
- Reassure them it's not their fault
- Seek support from CEOP
- Report any sexual abuse images to the Internet Watch Foundation

Report online abuse to CEOP
www.ceop.police.uk/safety-centre/