

### YMCA WISE PROJECT

Supporting children and young people to stay safe

YMCA WISE PRESENTS..

# WHAT IS SEXUAL EXPLOITATION ?

THE ACT OF SOMEONE USING A PERSON UNFAIRLY FOR THEIR OWN ADVANTAGE

## WHAT IS CSE (CHILD SEXUAL EXPLOITATION)?

SOMEONE TAKING ADVANTAGE OF YOU SEXUALLY. FOR THEIR OWN

BENEFIT. THROUGH THREATS,

BRIBES, VIOLENCE, HUMILIATION OR

ENJOYMENT."

TELLING YO

YOU

CSE can occur when there is an imbalance of power meaning that it can seem like someone is consenting. But due pressure, manipulation and lack of power the person is being exploited.

Someone can have power in a relationship by:

TELLING YOU THEY

BEING DEPENDANT ON SOMEONE ELSE FOR DRUGS, MONEY, ACCOMMODATION

BEING PHYSICALLY BIGGER BEING IN A POSITION OF AUTHORITY (E.G YOUTHWORKER, TEACHER, BOSS).

'O DO SEXUAL THINGS FOR

OWN OR OTHER PEOPLE'S

THREATS OR

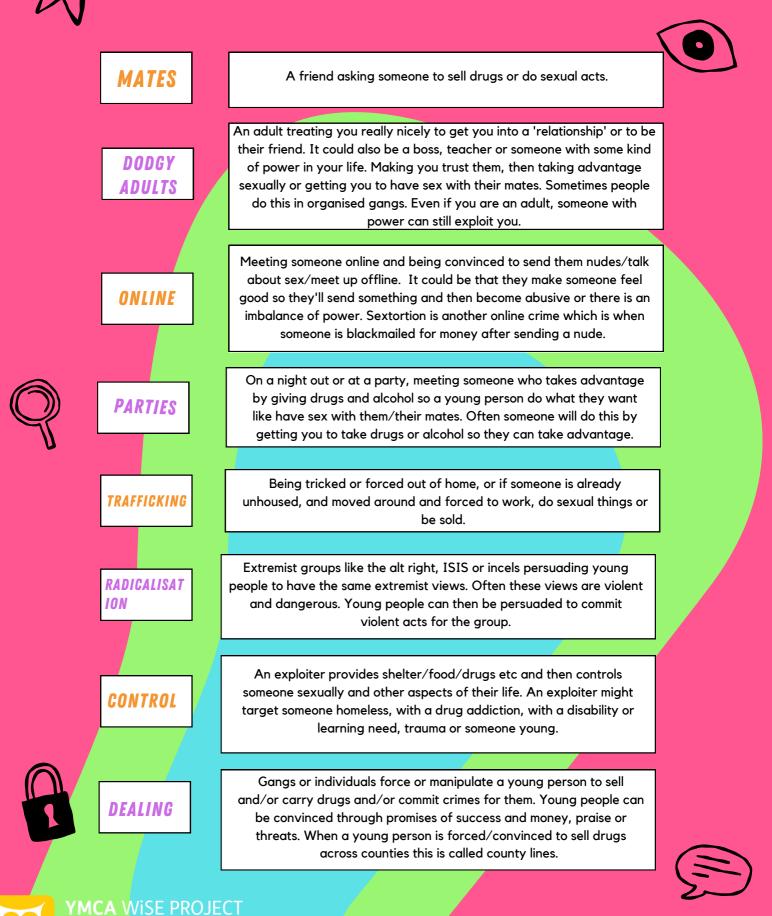
#### **BEING OLDER**

MAKING YOU FEEL SPECIAL

**GIVING GIFTS/SPENDING MONEY** 

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## EXPLOITATION CAN LOOK



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### PUSH AND PULL FACTORS..

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People who exploit often take advantage of a 'lack' in the young persons life, by offering things that a young person wants/needs.



Sex can seem 'consensual' but the young person is being manipulated/abused due to an imbalance of power (e.g they're using the promise of love/money etc to control)

A PUSH FACTOR IS SOMETHING PUSHING A YOUNG PERSON TOWARDS THE ABUSER





**PULL** FACTORS A PULL FACTOR IS SOMETHING THE ABUSER USES TO PULL A YOUNG PERSON TOWARD THEM.

- Abuse/arguments at home
- Having no money
- Drug/alcohol addiction
- School being difficult/not being in school
- Low confidence/self esteem
- Isolation/not many friends
- Not having a house
- Having no immigration status/no home
- Past trauma/abuse (impacting how we feel about ourselves and the world)

Offering love, intimacy and

connection

- Protection
- Giving money, gifts
  - Compliments
- Giving alcohol/drugs
- Somewhere to live
- Somewhere to stay/something to do during the day
- Friends and community/acceptance
- Someone to talk to/trust
- Way of making money (e.g dealing drugs)

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### **RELATIONSHIP** QUIZ

Everyone deserves to be free from abuse, manipulation and control in their relationships. Healthy relationships are based on trust, respect, safety and equality. You can reflect on these aspects of your relationship by taking our quiz!



Questions 1-10: if you answered 'Yes' these count as no points, questions answered 'No' count as a point. Questions 11-26: If you answer 'Yes' these count as one point. 'No' answers are no points.

**0 points** - Great! Sounds like your relationship is healthy and respectful. Your partner likely has a respect for your boundaries and consent. You are able to explore individual interests and come together afterwards with love and respect.

**1-2 points** - There could be a couple of unhealthy or unbalanced parts of your relationship. Keep an eye on these things, you could try to address them with your partner and reflect how you can work on equality, respect, communication and boundaries within your relationship.

3-4 points - Your answers reflect that there are some signs of an abusive relationship here. Abusive relationships can be hard to spot when you're in them. You deserve to be happy in your relationships and free of control and manipulation. See the final page of this resource of where you can reach out for support.

5+ points - It is likely that you are experiencing an unhealthy or abusive relationship. These questions reflect control, intimidation and abuse, which are all aspects of abusive relationships. You deserve happiness and freedom. Please see the final page of this resource on where to go for support.



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