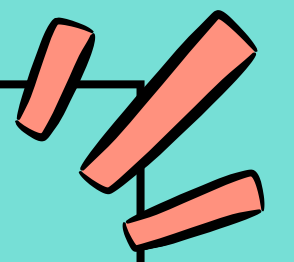
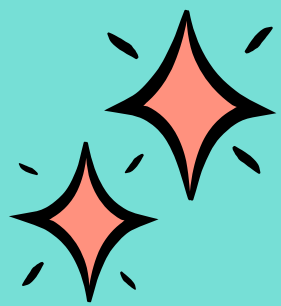


TOXIC RELATIONSHIP-A STORY



A 14 yr old girl starts at a new school.

A boy in the year above befriends her and makes her feel part of their group, she is very flattered and pleased.



She gets invited to parties where she is given alcohol and drugs, she doesn't feel like she can say no as she wants to fit in with the group and she wants to have fun with her new friends



In time the boys in the group start taking advantage of her when she is drunk and this becomes a regular occurrence. They start kissing and messing around which she enjoys at first, but the next time the boys expect her to go further. She doesn't want to but they threaten her saying that she has done it before, she owes them and they have images of her they can send out.

She doesn't want to and is shaking but ends up having sex with the boys.



The boy who is controlling her now doesn't let her go out on her own anymore

He constantly checks her phone to see who she has been texting and she is not allowed to hang out with her friends

He tries to turn her away from her family, using things she has told them when she is drunk to alienate her from her family and make her believe that she cant trust anyone.



They start calling her a slag or a whore, playing on her insecurities that she thinks she's ugly – calling her fat, ugly, worthless, that she is not good enough, that no one is going to like her, and that she is used goods.



The more they say it the more she believes it.



She eventually confides in a friend one day at school. The friend remembers seeing a flyer for a wise project worker and contacts WiSE to get help from a worker. They help her understand that she has been exploited and helps her escape from this toxic relationship.



YMCA WiSE PROJECT

Supporting children and young people to stay safe

IF IT DOESN'T FEEL RIGHT - IT PROBABLY ISN'T. LISTEN TO YOUR GUT AND IF YOUR RELATIONSHIP IS MAKING YOU UNHAPPY, REACH OUT AND SPEAK TO SOMEONE